# Universal Design for Learning Guidelines

<table>
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<tr>
<th>Objectives &amp; Benchmarks</th>
<th>Instructional Materials</th>
<th>Teaching Methods</th>
<th>Assessment Methods</th>
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<tr>
<td>To provide optimal challenge for all students:</td>
<td>To ensure equal access for all students:</td>
<td>To provide effective instruction for all students:</td>
<td>To accurately measure progress for all students:</td>
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## Representation

1. **Representation**

   **Use Multiple means of representation**
   - Alternative representations of objectives
   - Alternative examples of success
   - Perceptual options
   - Linguistic options
   - Cognitive and background knowledge options
   - Highlight critical features
   - Highlight “big ideas”
   - Highlight critical relationships
   - Multiple examples and non-examples

## Expression

2. **Expression**

   **Use multiple means of expression**
   - Specify ends, not means
   - Alternative entry points and paths to success
   - Identify appropriate tools and scaffolds
   - Motor skills required for action
   - Tools and media for expression
   - Levels of scaffolding for learning
   - Multiple models and mentors
   - Gradually realizable supports and scaffolds
   - Options in the contexts required for performance

## Engagement

3. **Engagement**

   **Use multiple means of engagement**
   - Alternative levels of challenge and support
   - Alternative contexts for performance
   - Articulate long-term goals into reachable objectives
   - Alternatives for recruiting interest
   - Alternatives for sustaining engagement
   - Alternatives for rewarding achievement
   - Alternative models of emotional competence
   - Graduated supports for developing self-regulation
   - Comprehensive systems of positive behavior supports

## Optimizing UDL in the Classroom

- **Use flexible materials to increase opportunities for individualization**
  - Individualized display
  - Individualized selection
  - Individualized sequences

- **Use classroom strategies to increase opportunities for individualization**
  - Use flexible grouping
  - Encourage peer support
  - Practice collaborative teaching
  - Use customizable instructional media and materials

- **Use assessments to optimally inform individualized instruction**
  - Assess early and often to monitor progress
  - Provide timely feedback
  - Provide feedback on instructional options